

Leadership Training 2025 – DTU Science Park

Dressing for the leadership role of the future

Target Group

You have been in your leadership role for some time, but you need basic leadership theory and effective tools and training

You want to strengthen your leadership role

You probably have some leadership experience, but maybe just a little

You might just have embarked your 1st leadership position

You might be less experienced, but you come from an informal leadership role

You might have moved from a specialist role to a leadership role

You need proper leadership tools to succeed in your role

Purpose

Remain innovative while growing the business

Hands-on leadership tools

The leadership role is constantly changing due to digitization, globalization, demographic growth and new ways of working

Build and develop leadership skills in a safe forum

Prioritize the leadership role now and in the future

Define the framework of leadership

New trends – strategic leadership in a changeable world

Be a role model

Personal gain

Be ready to take on the leadership role of the future

Useful hands-on leadership tools

Set directions and frame your own leadership style

Become a follower

Strengthen and expand your leadership skills

To apply classic and new leadership methods

Leadership strengthening training course

Gain an understanding of the labor market of the future

Network with other leaders

Company gain

A leader with useful hands-on leadership tools

A leader, who can carry out the leadership role of the future

A leader with the necessary skills to support the growth of the company

A leader with a better understanding of personal leadership strengths and development areas

A motivating leader who can act as a role model and as a follower

A leader who understands the labor market of the future

Contents Module A – 2 Days

Prioritize and delegate Tasks

Management tool supporting the desire to change or prioritize tasks differently
Be aware of current work habits and work efficiency

Personal Leadership

Personality assessment and personal leadership development
Personal development plan
Self-knowledge and mapping your strengths. Decide on a target for development

Motivation

How to know whether your team is motivated? Are you motivated yourself?
The motivating work environment, motivation factors and group dynamics

Roles and responsibilities

Leadership Pipeline (shift between the different leadership levels)
Situational leadership

Contents Module B – 2 Days

Communications

Leadership communication skills,

Feedback exercise – give/receive feedback

Conflict Management

“The difficult conversation” – case training

Constructive communication and confrontation

Coaching

Theory and group case training

You will be divided into groups of 3, and you will learn to coach, to be coached and to be in the observer role

Diversity, Equity & Inclusion (DE&I)

Contents Module C – 1 Day

Team roles & Emotional Intelligence (EQ)

How does your own team role look like – putting together a team

What is EQ and how can you use it in your leadership role and in teams

A changing Leadership Role

Leadership discipline for the future and the leadership role of the future

HR Megatrends – the future work, workplace and workforce

Leading several generations in parallel

Practical Stuff

2 modules of 2 days and 1 module of 1 day

Each module will finish with an assignment based on the actual module. Each module will start off with focusing on current business/leadership challenges and follow up on assignment (if relevant)

A maximum of 10 participants

A Buddy from the team will be assigned to you. After the module you will do your home assignment together with your assigned Buddy

Sufficient time to practice "real life scenarios" after the module

The leadership program will be conducted in English unless only Danish speaking participants

The leadership program has been designed to give you the possibility to practice in your current position between the modules

The leadership program will be spiced up with articles on current topics

You will receive a Diploma after completion of the entire program

Who is Aspira

I have been conducting leadership training programs since 2011, both in companies and open courses.

In my company Aspira I have supported leaders and companies in scaling their business and creating positive changes. I have worked and do work currently as trusted advisor to start-ups, scale-ups, and SME mainly within IT/software and technology, energy, pharma and consultancy. My company is based in DTU Science Park, Hørsholm.

My theoretical background is CBS, my practical background is a vast experience in leadership roles. You can find more details on my website or LinkedIn <https://www.linkedin.com/in/bettina-theill-warming-4880321/>

References

Please check my website: www.aspira.dk

Contact

Bettina Theill Warming – Aspira – www.aspira.dk
+45 20 42 45 19.



Dates – Location- Price

Dates

9th and 10th September 2025

Module A

28th and 29th October 2025

Module B

9th December 2025

Module C

Location

The training will take place at DTU Science Park – Hørsholm

Price - DTU Science Park

Contact for more details on price.

The price includes:

5 teaching days – lunch, coffee and cake – follow-up between modules, test license. Prices without VAT - invoicing at order placement.

Not included: Travel and accommodation expenses.